

Discovering Me

MONTHLY TIDBITS

SEPTEMBER

2026

Dear Parents,

Thank you for choosing Discovering Me for your child. We are confident that both you and your child will enjoy our program. We offer a full educational curriculum, as well as free play in a safe, secure, encouraging environment. Our classroom atmosphere will stimulate skills and experiences for successful learning. Our day will include block building, arts and crafts, finger plays, puzzles and much more. Safety, listening skills, and language development will also be promoted through fun activities.

September is such an exciting month for teachers and children alike. It is a month of change and new beginnings—new surroundings, new friends, new experiences, new skills, new challenges! Please take time to discuss each school day, ask open-ended questions and offer positive feedback. Review all work brought home and set aside a special place for displaying your child's work. This month your child will explore the world of learning and will develop many new basic skills. During the coming weeks we will learn: **How to Follow Directions**, **School Routines**, **How to Work and Play Together**, **How to Question and Experiment**. We will also be learning about **"My Body" & "All About Me"** and **"My Family" & "My Home"** as well as the start of the Fall Season.

A newsletter and monthly calendar which highlights our daily curriculum and special activities will be sent home at the beginning of each month, e-mailed to you and will also be available on our website under "Announcements."

A Few Reminders:

- **The full month's tuition is due by the first of the previous month** (October tuition is now due, November tuition is due October 1, etc.) regardless of days absent and/or holidays. Payments received after the 10th of the month will result in a \$25.00 late fee.

- Please review the list of **"Rules for Mom and Dad"** on our website in the Parent Zone. Additions or suggestions are always welcome.
- **Pizza Fridays will start on Friday, September 11th.** If you choose not to have your child participate, please send lunch as usual.
- **Don't forget to include utensils, a drink, and a snack in your child's lunch box.** Lunch should be something that your child is able to eat by him/herself as it gives them a sense of accomplishment and independence. Many children eat lunch at one time, so it is difficult to spoon feed them.
- **Arrival & Dismissal:** Please be prompt when dropping off and picking up your child. Do not expect to enter before your designated drop-off time as we are staffed according to the agreed upon schedule, and must always remain in compliance with NYS OCFS regulations. If you are running late notify the school immediately.

All children are accepted and dismissed at the door to make the transition easier. Park in a legal spot as it is illegal and dangerous to double park on Palmer Ave. Do not pull halfway into the driveway or block the sidewalk.

- Weather permitting, there will be outdoor play. Children are climbing, running and jumping so they must be appropriately dressed. We do not permit long dresses, costumes of any kind, wigs or hair extensions, party shoes, cowboy boots, sandals, crocs to name a few.
 - Please encourage your children to leave all their toys at home unless it is part of a Show-n-Tell day.
- Lastly, please **e-mail us a quick hi at info@discoveringmenurseryschool.com** so we can easily validate your correct e-mail. Include your name and your child's name.

As always, if you have any questions, concerns or suggestions, please feel free to call any time.

Sincerely, Carol, Laurie, and Staff

at-a-glance

September Topics:

- How to Follow Directions
- To Question & Experiment
- School Routines
- "My Body" & "All About Me"
- How to Work & Play Together
- "My Family" and "My Home"

Check out
"Rules for Mom & Dad" in the
For Parent Zone
on our website.



We Hate Losing Things!
Please label
all of your
child's
belongings!



**Pizza Fridays will
start on September
11th if you choose
to participate.**



Bring a Backpack!
Backpacks big enough to
hold your child's lunch & all
their belongings
make dismissal
time easier
and faster!





Ms. Niki



Ms. Niki



SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 	4	5 
6 Getting Acclimated	7 Happy Labor Day!	8 	9 Welcome to School First Day of School Nat'l Teddy Bear Day	10 Making Friends at School Grandparents Day Project	11 Getting to Know You Rosh Hashanah Begins Patriot Day	12 Rosh Hashanah Hug & High Five Day
13 School Rules & Routines Grandparents Day	14 Classroom Rules and Routines	15 Bulleting Board "Sweet to the Core"	16 Exploring Our Centers Nat'l Play-Doh Day	17 Playing & Learning is Fun Place "snack" Mat	18 High Five to a Great School Year	19 
20 Fall Fun Yom Kippur	21 Apple	22 Fall Hats First Day of Fall	23 Fingerpaint Fun	24 Name Letters	25 Apple Mozaic	26 Johnny Appleseed and Nat'l Pancake Day
27 All About Me and My Family Nat'l Chocolate Milk Day	28 My Family Family Photo	29 Family Tree	30 This is Me	1 I Like Me	2 I Love My Family Mozaic	



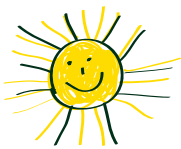
Ms. Christine & Ms. Rose



Ms. Christine and Ms. Rose



SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 	4	5 
6 Getting Acclimated <i>*Sitting in Circle</i>	7 Happy Labor Day!	8 	9 Welcome to School First Day of School Nat'l Teddy Bear Day	10 Grandparents Day Project Bee Craft	11 Rosh Hashanah Craft Rosh Hashanah Begins Patriot Day	12 Rosh Hashanah Hug & High Five Day
13 School Rules & Routines <i>*Craft Time</i> Grandparents Day	14 Our Class Rules & Routines Sequencing using Pictures of our Day	15 Centers: Play & Put Away Using "I Spy" to Find Items	16 Listening and Learning is Fun Game Nat'l Play-Doh Day	17 Class Buddy Me & My Buddy	18 My New Friends Friendship Picture	19 
20 All About Me and My Family <i>*Playtime</i> Yom Kippur	21 I Like "Me" Portrait	22 My Body Silhouette Cut-Out First Day of Fall	23 My Name is Special Name Tags	24 My Family Family Tree	25 Show-n-Tell Family Photo Collage	26 Johnny Appleseed and Nat'l Pancake Day
27 Fall Fun <i>*Outside Play</i> Nat'l Chocolate Milk Day	28 Fall Tree Tissue Paper Tree	29 Bushels of Different Apples Apple Painting Apple Picking	30 All about Fall Colors Leaf Rubbing	1 Fall Animal Squirrel's Painted Tail	2 Acorns for Squirrels Acorn Craft	

**SOCIAL FOCUS*