

# Discovering Me NURSERY SCHOOL

## COVID-19 HEALTH & SAFETY PROTOCOLS



### Opening/Arrival:

- Each day all teachers will take the temperature of all entering students with hospital grade thermometers and will look for signs of illness—coughing, sneezing, lethargy, etc.
- Parents will not enter the building at drop-off or pick-up time.
- Teachers will sign children in and out.
- No visitors will be allowed at this time.

### Classroom Policies:

- Teachers and children must wash their hands before starting their day.
- Healthy routines will be discussed with the children during learning time—how to cover your mouth when coughing and sneezing. Demonstrate the importance of hand washing.
- All teachers will wear masks—masks are optional for children.
- During nap time children will be distanced every 6 feet.
- Each child will have their own chair with their name on it.
- Each child will have their own cup of crayons, scissors, glue etc.
- Some table top and play area toys will be limited.
- Social distancing will be maintained as much as possible for 2–5 year olds.

### Hygiene/Cleaning/Disinfecting:

- Handwashing for 20 seconds will be required and taught.
- All high traffic areas and flat surfaces will be cleaned and disinfected at opening and closing and throughout the day—including bathrooms (sink handles, soap dispensers, and toilet flushers), light switches, doorknobs, telephones, appliances, handrails, garbage cans.
- Garbage bins will be cleaned after lunch and at end of the day.
- The outdoor play area will be wiped down—slides and other touchable surfaces—after every group.

### Everyone will wash their hands:

- After blowing their nose.
- After coughing or sneezing.
- After going to the bathroom.
- Before snack and before lunch.
- After every transition.
- Teachers—before and after providing care for another person.

### Families:

- All napping mats will be sent home on Friday to be washed and returned to school on Monday.
- Children must be kept home when sick. The children must be fever free for 72 hours in order to return.
- Please inform us if anyone in your family has come in close contact with someone who has COVID-19.

### Sick Policy:

Out of an abundance of caution we will be more aggressive with our sick policy. Anyone sent home with fever or other symptoms will be required to be absent for 72 hours after they are symptom-free.

### If Someone Contracts COVID-19:

- We will close off all areas used by the person who is sick.
- We will open all doors and windows to circulate air.
- We will immediately clean and disinfect all areas and wait 24 hours before allowing anyone back into the building.
- The person that became sick with COVID-19 will not return to DMNS until they have met the criteria to discontinue home isolation.
- Anyone who did not have close contact with the person who is sick can return to DMNS immediately. Those who did have close contact will be asked to stay home and self-isolate.

### Cleaning Solutions to be Used:

- Bleach 1/3 cup to one gallon water.
- Clorox and Lysol wipes
- Hand sanitizer